



## Mezedes – Starters

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| <b>Basket of Speciality Bread with Dipping Oil and Balsamic Vinegar</b>  | <b>£3.25</b>  |
| <b>Marinated Olives V</b>  | <b>£2.65</b>  |
| Black and green olives marinated in lemon, chilli, oregano & rosemary.   |               |
| <b>Soup of the day Lunch</b>   | <b>£4.35</b>  |
| Ask your waiter for today's delicious, home made soup, served with warm ciabatta bread.  |               |
| <b>Crayfish Salad</b>  | <b>£6.45</b>  |
| Succulent crayfish tails, mixed leaves, tomato and seafood dressing.   |               |
| <b>Fried Aubergines and Courgettes</b>   | <b>£4.95</b>  |
| Slices of aubergine and courgette lightly fried in a delicious batter – served with tzatziki dip.  |               |
| <b>Fishcake Lunch as Main</b>  | <b>£4.95</b>  |
| Haddock and spring onion fishcake, lightly coated in golden breadcrumbs, served with a mixed leaf salad, and sweet chilli dip.   |               |
| <b>Tyrokeftedes V Lunch</b>  | <b>£4.95</b>  |
| Melting balls of mozzarella coated in bread crumbs and lightly fried, served on a bed of salad and a sweet chilli dip.   |               |
| <b>Caprino al Forno</b>  | <b>£5.85</b>  |
| Goat's cheese coated in breadcrumbs and oven baked, served with crispy mushrooms and a balsamic reduction.<br>Fabulous for cheese lovers   |               |
| <b>Soutzouki</b>   | <b>£5.25</b>  |
| A very spicy Greek sausage, full of aromas from a selection of herbs, served on a bed of rocket, with tzatziki dip and pitta bread   |               |
| <b>Meatballs Lunch</b>   | <b>£4.85</b>  |
| Traditional Italian meatballs, served in a tomato and basil sauce.   |               |
| <b>Melitzane Parmigiana V</b>  | <b>£5.95</b>  |
| Lightly fried aubergines rolled and stuffed with mozzarella and basil, topped with tomato sauce and parmesan cheese.   |               |
| <b>Funghi al forno Lunch</b>   | <b>£6.25</b>  |
| Baked field mushrooms filled with mixed sautéed mushrooms in a creamy sauce, glazed with dolcelatte and smoked bacon pieces, served on a bed of rocket leaves.   |               |
| <b>Kalamari Lunch as Main</b>  | <b>£6.65</b>  |
| Kalamari lightly dusted with flour and fried until golden brown, served with a choice of tzatziki or sweet chilli dip and salad garnish.   |               |
| <b>Mussels Marinara / Pomodoro</b>   | <b>£7.25</b>  |
| Enjoy a bowl of our lovely fresh mussels with a choice of sauces; in a creamy white wine sauce with garlic, chilli, onion and chopped parsley or in a tomato sauce with garlic, chilli, onion and chopped basil, served with crusty bread for that essential dipping |               |
| <b>Meze Starter Platter (for 2) Lunch as Main For 1</b>  | <b>£13.65</b> |
| An enticing platter to share, olives, feta stuffed chilies, Tyrokeftedes, fried aubergine and courgette, Greek flat bread, tzatziki, feta and red peppers dip and houmous.   |               |

V.A.T. is included

N These dishes contain nuts.

Allergies: There is a small possibility that nut traces may be found in any menu item. We advise you to speak to a member of staff if you have any food allergies or intolerances.

Service charge is at your discretion.

# Main Courses



(All our meat is supplied by Frank's, of Rothwell)

- Chicken Souvlaki** Lunch £13.25  
Skewers of succulent marinated chicken fillet cooked on the grill and topped with a cream and mushroom sauce, served on a bed of roasted Mediterranean vegetables and sautéed new potatoes.
- Pollo Caprino** N £13.25  
Tender char grilled chicken breast, topped with goat's cheese and Parma Ham, served with sautéed new potatoes and sweet red peppers.
- Giaourtlou** Lunch £13.95  
An original and delicious recipe from the Greek refugees of Istanbul, lamb mince pressed with a variety of herbs and spices, served on a bed of Greek yogurt and pitta bread, and topped with a spicy tomato sauce.
- Lamb Kleftiko** £15.95  
Tender Lamb Shank slow roasted with potatoes, carrots, lemon, oregano and tomato.
- Giouvetsi** £14.25  
Succulent slow cooked beef, in a tomato sauce and small pasta, topped with parmesan shaving, served with toasted ciabatta, a traditional and delicious Greek recipe.
- Fillet Steak** £19.65  
Prime fillet steak served with roasted tomatoes, field mushrooms and homemade chunky chips.  
Choose from cream and mushroom, blue cheese, or pepper sauce if the fancy takes you
- Rib Eye Steak** £18.75  
For the larger appetite, a succulent rib eye, bursting with flavour, cooked on the bone, served with roasted tomatoes, field mushrooms and homemade chunky chips.  
Choose from cream and mushroom, blue cheese, or pepper sauce if the fancy takes you.
- BBQ Spareribs** Lunch £14.25  
Not for the faint hearted, a finger licking, lip smacking delight. Racks of pork spareribs marinated and coated in our home made BBQ sauce, served with chunky chips and crispy onion rings
- Duck** £16.75  
Seared duck breast, with cranberry jus and parmentier potatoes
- King Prawns Flambé** £16.95  
A fantastic dish for prawn lovers. King prawns in a white wine, brandy, cream and mushroom sauce, served with a salad garnish and basmati rice.
- Farfale Salmone e Asparagi** £13.45  
Pasta bows in a creamy white wine sauce with smoked salmon, char grilled asparagus, leeks, dill and a hint of fresh lemon juice

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| <b>Aegean Fish</b>   | £14.85 |
| Pan fried fillet of white fish, in a tomato, baby spinach, new potato and chorizo sausage ragu.  |        |
| <b>Merlouzo Al Forno</b>   | £15.25 |
| Cod loin, wrapped with sun dried tomatoes and Parma ham, oven baked and served on a creamy lemon, sun blushed tomato and basil risotto   |        |
| <b>Mussels Marinara / Pomodoro</b> Lunch   | £14.25 |
| Enjoy a large bowl of our lovely fresh mussels with a choice of sauces; in a creamy white wine sauce with garlic, chilli, onion and chopped parsley or in a tomato sauce with garlic, chilli, onion and chopped basil, served with crusty bread for that essential dipping |        |
| <b>Fusilli Primavera</b> V Lunch   | £11.95 |
| Original Italian recipe, perfectly cooked fusilli pasta, with garlic, pesto, cherry tomatoes, goat's cheese and rocket   |        |
| <b>Melitzane Parmigiana</b> V Lunch  | £10.55 |
| Layers of oven baked aubergines with mozzarella, basil, and tomato sauce and parmesan cheese, served with ciabatta bread   |        |
| <b>Spanakopita</b> V Lunch   | £10.55 |
| A traditional Greek pie, made with filo pastry, spinach, feta cheese, dill, garlic and spring onion, served with a mixed salad with olives and sweet red peppers   |        |

## Sides



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| Garlic Bread                               | £2.45 |
| Garlic Bread topped with Mozzarella Cheese | £2.85 |
| Tomato and red onion salad                 | £2.60 |
| Mixed Leaf Salad                           | £2.60 |
| Rocket & Parmesan Salad                    | £2.70 |
| Greek Salad                                | £2.90 |
| Mediterranean Vegetables                   | £2.85 |
| Chunky chips                               | £2.85 |
| Sautéed Potatoes                           | £2.65 |
| Portion of Fries                           | £2.60 |
| Onion Rings                                | £2.60 |
| Greek flat bread                           | £1.60 |

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## Salads



### Horiatiki ~ Greek Salad V

£6.75

Tomato, cucumber, green pepper, red onion & olives topped with feta and dressed with olive oil and red wine vinegar.

### Chicken and Sweet chilli

£7.25

Slices of char grilled chicken, on a bed of mixed leaf salad, cherry tomatoes, red onion, cucumber, crispy smoked bacon, and a sweet chilli dressing

### Insalata al Caprino

£7.25

Mix leaf, sundries tomatoes, red pepper, cucumber fine sticks, finely sliced red onion, crumbled goats cheese, balsamic dressing and artichokes

### Smoked Salmon and Crayfish

£7.25

Smoked Salmon mousse, surrounded by a mixed leaf salad, cucumber and cherry tomatoes, topped with crayfish tails and served with Greek pitta bread

## Paninis & Flat Greek bread & Snacks



(Available only at lunch)

All served with fries and salad

A choice of panini or Greek flat bread with the following fillings:

Chicken, bacon, rocket and mayonnaise

£5.75

Meatballs and Mozzarella

£5.75

Smoked ham, brie and tomato

£5.75

Mediterranean Vegetables, Mozzarella and Pesto

£5.75

Bacon, brie and mango chutney with rocket

£5.75

Feta with tomatoes, onion, olive oil and oregano

£5.75

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